

# CCA 社區教育中心

## CCA Community Learning

星期一至星期四 Mon-Thurs

課程以粵、國、英 或語教學

Courses offered in Cantonese, Mandarin, English or Korean

2021 上學年第一及第二學期 Semester 1 Term 1 & 2

(二月至六月 Feb to June)

### 課程及報名手續 Course Information



Fun in Learning 樂趣中互學



- West Ryde Centre 西萊德中心** : Ryde Uniting Church, 7 Maxim St, West Ryde  
逢星期一 (Mon).....P.6
- Eastwood Centre 依士活中心** : Eastwood Uniting Church, 16 Lakeside Rd, Eastwood  
逢星期二、三及四 (Tue, Wed & Thurs).....P.7 - 9
- Badminton Centre 運動中心** : NBC, 2b/172 Silverwater Rd, Silverwater  
逢星期一及四 (Mon & Thurs).....P.10

主持人 Coordinator: 李愛瑩 Ying Carruthers

電: 0426 706 304 / 98583222 (星期一至四 Monday to Thursday)

郵: community.learning@ccas.org.au

網: [www.ccas.org.au/community-learning](http://www.ccas.org.au/community-learning)

(Please check online the most up-to-date program before you enrol)

## 報名註冊手續

報名註冊 日期及地點	<p><b>重要事項：只可在選讀課程的註冊日及地點報名，並留意以下報名方法的更改</b></p> <p>星期一課程 -- 18/1/21 (星期一) @ 9:30am 至 正午 12:00 在 Ryde Uniting Church,</p> <p>星期二課程 -- 19/1/21 (星期二) @ 9:30am 至 正午 12:00 在 Eastwood Uniting Church</p> <p>星期三課程 -- 20/1/21 (星期三) @ 9:30am 至 正午 12:00 在 Eastwood Uniting Church</p> <p>星期四課程 -- 21/1/21 (星期四) @ 9:30am 至 正午 12:00 在 Eastwood Uniting Church</p>
本學年上課日期	<p>第一學期： 1/2/21 至 1/4/21； 第二學期： 19/4/21 至 24/6/21</p>
報名註冊 方法	<ol style="list-style-type: none"> <li>1. <b>必須親臨報名。絕不接受電話或電子郵遞報名。</b></li> <li>2. 請到中心索取，或從 CCA 網站 <a href="http://www.ccas.org.au/community-learning">www.ccas.org.au/community-learning</a> 下載新的 2021 S1 註冊表格 A 和 B；</li> <li>3. <b>註冊日前</b>，請填妥新的註冊表格 A 和 B 及選擇的科目（每日不得超過四科目）。在所選課程的報名<b>註冊當日親臨</b>指定地點及時間報名；如果你未能抽空辦理報名事宜，可委托他人代辦，每人可同時遞交三份報名表格，但必須是同一指定課程註冊日</li> <li>4. 為免註冊日出現擠逼情況，請於<b>你選報的課程的註冊日報名</b>，例如：你選報 <ul style="list-style-type: none"> <li>• 星期三課程 -- 只在 20/1(星期三)到 Eastwood 報名，沒有其他日子。</li> <li>• 星期一及星期四課程 -- 可在 18/1(星期一)到 W Ryde 或 21/1(星期四)到 Eastwood 報名，中心工作人員會一併辦理兩天的報名</li> </ul> </li> <li>5. 如等候人數太多，中心會以「派籌形式」，要求會員留下報名表格，並於當日指定時間回中心繳費，如會員未能於當日 12:30pm 前繳交所有費用，報名表格會作廢。本中心感謝大家對中心義工們工作的忍耐及體諒。</li> <li>6. 付款方式：現金、信用卡或支票（支票抬頭 Christian Community Aid）。</li> <li>7. 付款後，將表格 A 交回中心並保留表格 B 作為收據。</li> <li>8. 會員收取會員証前，請交「\$5 導師禮物費」以集資作為年終禮物答謝各導師，<b>只報選有 ( * ) 符號的科目不須支付這費。</b></li> </ol>
收費	<ul style="list-style-type: none"> <li>• 以每學年(兩學期)計： 一天 - \$130；二天 - \$190；三天 - \$240；四天 - \$290。</li> <li>• <b>凡在 27/1/2021 後報名的，要繳付額外 \$5 逾期報名費 (新會員除外)。</b></li> <li>• 羽毛球中心的其他收費 (以每學年計): <ul style="list-style-type: none"> <li>選報第二個羽毛球中心要多付\$10；導師選報羽毛球活動: 一天 - \$10、二天 - \$15</li> </ul> </li> <li>• 優惠 <b>只適用報選整個學年(兩學期) 及 只限選一種折扣：</b> <ul style="list-style-type: none"> <li>(a) 導師夥伴 : 半費；</li> <li>(b) 夫婦優惠 : \$10 的折扣 (<b>雙方表格必須一齊遞交</b>)；</li> <li>(c) 介紹新學員優惠 : \$10 的折扣 (<b>雙方表格必須一齊遞交</b>)。</li> </ul> </li> </ul>
須知事項	<ol style="list-style-type: none"> <li>1. 請閱讀及遵守 COVID 安全規則 (刊於另一頁)。</li> <li>2. 會員上課必須攜帶會員証，每學年新証不可分用，借用或再用。</li> <li>3. 所繳費用不包括材料及影印費等。</li> <li>4. 學額有限，先到先得，每班不足 4 人，不會開班。</li> <li>5. <b>上課前後，請會員協助導師清理課室。</b></li> <li>6. 請會員每天自行查閱告示版或網站 <a href="http://www.ccas.org.au/community-learning">www.ccas.org.au/community-learning</a> 的通告。</li> <li>7. <b>中心車位有限，只供當日導師上課時間用，導師必須展示泊車証。</b></li> <li>8. 學費為每學年(兩學期)計，不設部份或單一學期收費。報名後無退款，除非課程由中心取消。</li> <li>9. 會員只可參加已接受報名的科目。</li> </ol>

**黃色螢光、藍字 Blue words、紅字 Red words - 注意事項**

授課語言: C – Cantonese 粵語； K – Korean 韓語； E – English 英語； M – Mandarin 國語； A – All 多種語言

## Registration Procedures

<b>Registration Days and Venue</b>	<p><b>IMPORTANT: Enrol on the day and at the venue of your chosen courses.</b> Read changes in the methods of registration below before you enrol.</p> <p><b>Monday courses: 18/1/21 (Mon) @ 9:30am to 12:00 noon – W Ryde Uniting Church,</b>  <b>Tuesday courses: 19/1/21 (Tue) @ 9:30am to 12:00 noon – Eastwood Uniting Church,</b>  <b>Wednesday courses: 20/1/21 (Wed) @ 9:30am to 12:00 noon – Eastwood Uniting Church</b>  <b>Thursday courses: 21/1/21(Thurs) @ 9:30am to 12:00 noon – Eastwood Uniting Church,</b></p>
<b>Semester</b>	<p><b>Term 1: 1/2/21 to 1/4/21;                      Term 2: 19/4/21 to 24/6/21</b></p>
<b>Registration Methods</b>	<ol style="list-style-type: none"> <li><b>In Person Only, No telephone and No email enrolment.</b></li> <li>Get the <b>New 2021 S1 Registration Forms A&amp;B</b> at the Centre or download them from CCA website <a href="http://www.ccas.org.au/community-learning">www.ccas.org.au/community-learning</a></li> <li><b>Complete them before you come to enrol</b> in person on the above designated registration days. <b>Each person can choose not more than 4 courses per day.</b> If you are not able to enrol in person, please arrange another person to enrol for you on those days. A total of 3 enrolment forms can be lodged by one person at a time on condition that they are of the same registration day.</li> <li>To reduce congestions on enrolment days, please <b>enrol on the day and at the venue of your chosen courses.</b> For example, if you choose: <ul style="list-style-type: none"> <li>Wednesday's courses – come on 20/1 (Wed) at Eastwood to enrol, not other days.</li> <li>Monday and Thursday courses –come either on 18/1 (Mon) at W Ryde or 21/1 (Thur) at Eastwood to enrol, we shall enrol both days for you.</li> </ul> </li> <li>If there are too many applicants waiting in line, you may be advised to get a "service ticket", drop off your completed form and return before 12:30pm on the same day to make payment and get ID cards. If you do not return before 12:30pm on the same day to make payment, your enrolment application will be cancelled. We request for your patience and understanding as our team of volunteers assist you on site with the procedure.</li> <li>Payment methods: cash, credit card or cheque (to Christian Community Aid)</li> <li>Return Form A to Centre and Keep Form B as receipt after payment</li> <li>Before ID Card is issued, a tutors' gift of \$5 will be collected on behalf of members but those who choose only courses indicated with an asterisk * on the program will be exempted from this payment.</li> </ol>
<b>Fees</b>	<ul style="list-style-type: none"> <li>Fees per semester (2 terms) : 1 Day : \$130; 2 Days : \$190; 3 Days : \$240; 4 Days : \$290</li> <li><b>Late Fees: an additional \$5 payable with any application lodged after 27/1/2021 (not applicable to new members)</b></li> <li>Extra Fees for badminton centre only (as per semester):  For members: 2<sup>nd</sup> Badminton Centre additional \$10;  For Tutors: 1 day - \$10, 2 days - \$15</li> <li>Discounts <b>for full semester enrolment only</b> and <b>for choosing 1 type of discount only:</b> <ol style="list-style-type: none"> <li>Tutors' Partner: 50% of the full fee</li> <li>Partner's Discount of \$10 (<b>both applications must be lodged at the same time</b>)</li> <li>New Referral Discount of \$10 (<b>both applications must be lodged at the same time</b>)</li> </ol> </li> </ul>
<b>Note</b>	<ol style="list-style-type: none"> <li>Please read and follow all the COVID safe rules listed.</li> <li>All members must wear their own ID card to the Centre. ID card is valid for the current semester only and it cannot be shared.</li> <li>Fees do not include material and photocopying costs.</li> <li>Vacancies are available on "first come first serve basis". Class size: Minimum 4 in each.</li> <li><b>Students please assist tutors to set up and clean up classrooms.</b></li> <li>Please read up-to-date information and announcements on Centre's Noticeboard or from website <a href="http://www.ccas.org.au/community-learning">www.ccas.org.au/community-learning</a></li> <li><b>Parking space at Centres are limited and they are reserved for tutors during their teaching time only. Tutors must display up-to-date parking permits on the dashboard of their cars.</b></li> <li>No refund unless we cancelled your enrolled courses. All enrolment fees are payable on semester (two terms) basis. There is no pro-rata or single term payment arrangement.</li> <li>Members are only permitted to attend courses that they enrolled in.</li> </ol>

## 各場地的 COVID 安全規則

### Eastwood Uniting Church 場地:

1. 地下停車場僅限當日導師使用。停車場大門要時常鎖定。中心會向導師詳細說明拿取停車場鎖匙及開關停車場閘門事宜。停車場的許可證應顯示在汽車的儀表板上。不可停泊在有「教會專用」標誌的車位。
2. 只可從指定門口進出。進入時，請先消毒雙手，使用「紅外測溫儀」量度體溫，並在簽到紙上留下姓名及聯絡資料或利用手提電話在二維碼(QR Code)登記您的聯絡資料。
3. 如果您有身體不適、頭痛或有任何感冒、流感症狀，請切勿來中心參加活動。亦請跟隨澳洲政府對 COVID 疫情隔離的最新規定及政策。
4. **禁止進入場地內以下區域：後台 Echo 室、廚房及大廳走廊**
5. **洗手間**只可同一時間容納 2 個人，**地面**亦要保持乾爽清潔。
6. 場地內不得進行烹飪、加熱及享用食物和飲料。
7. 不建議在公共地方飲食。
8. 所有用過的公共器具（包括桌子、椅子、乒乓球桌、電器、電腦及電子用品），均須參加者在課堂後以「消毒噴霧劑」自行徹底消毒，才可放回原處。本中心將提供消毒劑、紙巾及消毒搓手液。
9. 因為活動期間，大家較難維持一個安全的社交距離，所以進入本中心活動，必須佩戴口罩。
10. 以上規則是為保護大家的健康及安全。希望大家也盡一份力量，遵守規則，以確保活動環境的潔淨及安全。

### West Ryde Uniting Church 場地:

1. 停車場只供當日教學的導師用。停車場的許可證應顯示在汽車的儀表板上。
2. 只可從正門口進入。進入時，請先消毒雙手，使用「紅外測溫儀」量度體溫，並在簽到紙上留下姓名及聯絡資料或利用手提電話在二維碼(QR Code)登記您的聯絡資料。
3. 如果您有身體不適、頭痛或有任何感冒、流感症狀，請切勿來中心參加活動。亦請跟隨澳洲政府對 COVID 疫情隔離的最新規定及政策。
4. 所有用過的公共器具（包括桌子、椅子、乒乓球桌、電器、電腦及電子用品），均須參加者在課堂後以「消毒噴霧劑」自行徹底消毒，才可放回原處。本中心將提供消毒劑、紙巾及消毒搓手液。
5. 因為活動期間，大家較難維持一個安全的社交距離，所以進入本中心活動，必須佩戴口罩。
6. 以上規則是為保護大家的健康及安全。希望大家也盡一份力量，遵守規則，以確保活動環境的潔淨及安全。

### 羽毛球運動場地:

1. 停車場只供當日教學的導師用。停車場的許可證應顯示在汽車的儀表板上。
2. 只可從正門口進入。進入時，請先消毒雙手，使用「紅外測溫儀」量度體溫，並在簽到紙上留下姓名及聯絡資料或利用手提電話在二維碼(QR Code)登記您的聯絡資料。
3. 如果您有身體不適、頭痛或有任何感冒、流感症狀，請切勿來中心參加活動。亦請跟隨澳洲政府對 COVID 疫情隔離的最新規定及政策。
4. 所有用過的公共器具（包括桌子、椅子、乒乓球桌、電器、電腦及電子用品），均須參加者在課堂後以「消毒噴霧劑」自行徹底消毒，才可放回原處。本中心將提供消毒劑、紙巾及消毒搓手液。
5. 請盡量保持一個安全的社交距離，倘若距離難以維持，建議佩戴口罩。
6. 以上規則是為保護大家的健康及安全。希望大家也盡一份力量，遵守規則，以確保活動環境的潔淨及安全。



### Eastwood Uniting Church Venue :

1. Underground carpark will be available for tutors who are teaching on that day only. Carpark gate should be locked at all time. Tutors' Parking permits should be displayed on the dashboard of their parked cars. **Do Not park** where the **"Church Parking Only"** signs were displayed.
2. Please use designated entrance to enter and exit. As you enter, please sanitise your hands, test body temperature and sign in with the QR Code using your mobile phone or sign in your name and contact details on the COVID Sheet provided if you do not have a mobile phone.
3. If you are unwell, having headache or any symptoms of colds/flu, please do not come to the Centre. Please follow the most up-to-date Australian government's requirements on COVID quarantine procedures
4. **Lobby, Kitchen and Echo Room** behind the backstage will be **INACCESSIBLE**.
5. **Washroom/Restroom** can accommodate a maximum of 2 people at a time. **Floor should be kept dry and clean.**
6. No cooking, re-heating or food and drink inside the venue.
7. Food and drink are not recommended in the public area.
8. After each activity, all members are required to sanitise all the used furniture and equipment before returning them to the storage area. The Centre will provide disinfectant spray, wipes and hand sanitizer.
9. Please keep the government's social distancing rule. If this distance is difficult to maintain, use of face mask is recommended.
10. Please note that the above rules are introduced for your protection. We rely on you to do your part so we can continue our activities safely.

### West Ryde Venue :

1. Carpark will be available for tutors who are teaching on that day only. Parking permit should be displayed on the dashboard of the car
2. Please enter from the front entrance only. As you enter, please sanitise your hands, test body temperature and sign in with the QR Code using your mobile phone or sign in your name and contact details on the COVID Sheet provided if you do not have a mobile phone.
3. If you are unwell, having headache or any symptoms of colds/flu, please do not come to the Centre. Please follow the most up-to-date Australian government's requirements on COVID quarantine procedures
4. After each activity, all members are required to sanitise all the used furniture and equipment before returning them to the storage area. The Centre will provide disinfectant spray, wipes and hand sanitizer.
5. Please keep the government's social distancing rule. If this distance is difficult to maintain, use of face mask is recommended.
6. Please note that the above rules are introduced for your protection. We rely on you to do your part so we can continue our activities safely.

### Badminton Sports Venue :

1. Carpark will be available for tutors who are teaching on that day only. Parking permit should be displayed on the dashboard of the car
2. If you are unwell, having headache or any symptoms of colds/flu, please do not come to the Centre. Please follow the most up-to-date Australian government's requirements on COVID quarantine procedures
3. After each activity, all members are required to sanitise all the used furniture and equipment before returning them to the storage area. The Centre will provide disinfectant spray, wipes and hand sanitizer.
4. Please keep the government's social distancing rule. If this distance is difficult to maintain, use of face mask is recommended.
5. Please note that the above rules are introduced for your protection. We rely on you to do your part so we can continue our activities safely.

# West Ryde 西萊德中心 (1)

星期一 Monday

Centre Code: C1

上課日期 Dates : 第一學期 T1 : 1/2—29/3 ; 第二學期 T2 : 19/4—21/6

報名註冊日 : 18/1/2021 星期一

Registration Date : 18/1/2021 Monday

Time 時間	Subject 科目	Code 代碼	Venue 場地	Limit 人數	Lang 語言
9:15-10:30	*音樂組合:自備樂器, 一同合奏民歌及流行歌 Music Ensemble	* 101	LH	20	E
9:30-11:00	糕點,麵飽及甜品 (必須戴口罩及手套) Bread, Cakes & Desserts. (Compulsory face mask & food handling gloves).	111	K	7	E+C
9:30-10:30	活腦筋運動: 時空, 數值, 邏輯, 分析, 創造和記憶 等訓練及遊戲, 循序漸進練習課程 Neurobics, Spatial, Numerical, Analytical & Memory Exercises	118	MR	10	E+C
10:00-2:30	乒乓球 Table Tennis	116	L	12	C+E+M
10:00-11:30	國畫 - 李婉貞導師 Chinese Painting - W Z Li	113	UH	17	C
10:00-11:45	*繪畫: 水彩及各類材料 Mixed Media Art – Rose Marosszeky	* 104	UH	15	E
10:30-1:00	結他組合 - 不設教學及唱歌 Guitar Ensemble – No lesson & no singing	119	MR	8	C
10:30-11:45	*唱歌樂 Singing for Pleasure	* 106	LH	30	E
11:00-12:30	糕點,麵飽及甜品(必須戴口罩及手套) Bread, Cakes & Desserts. (compulsory face mask & food handling gloves)	114	K	7	E+C
11:45-1:00	笛子班 Chinese Flute	110	UR	7	C
11:45-1:00	*四弦琴: 自備樂器,學奏簡易民歌及流行歌曲 Ukulele	* 105	LR	10	E
12:00-1:15	太極楊式 - 鄧師傅 Tai Chi Yeung Style – Mr Deng	112	LH	30	C
1:15-2:30	社交舞 Social Dance	115	UH	24	C+E
1:30-3:00	水彩畫 Watercolour with Bronwyn Young	117	LH	25	E

**Yellow Highlight 黃色營光** – starting date to be advised 開課日期另行通知

\* asterisk – for those taking **only** these courses are not required to contribute "\$5 tutor's gift" 只選這課程不用交\$5 導師禮物費

Language of Teaching : C – Cantonese 廣東話, E – English 英文, M – Mandarin 普通話, K – Korean 韓語, A – All

場地 Venue : UH - Upper Hall 上面大堂, LH - Lower Hall 下面大堂, UR - Upper Floor Room 樓上房,  
MR - Middle Floor Rm/Hangar 中層房 GR - Ground Floor Room/Prayer Rm 樓下房,  
K - Kitchen 廚房 L - Lobby 大廳

# Eastwood Uniting Church

星期二 Tuesday

Centre Code: C2

上課日期 Dates 第一學期 T1 : 2/2-30/3 ; 第二學期 T2 : 20/4-22/6

報名註冊日 : 19/1/2021 星期二

Registration Date : 19/1/2021 Tuesday

Time 時間	Subject 科目	Code 代碼	Venue 場地	Limit 人數	Lang 語言
9:00-9:30	保健關節操 Healthy Joint Exercise	201	H	25	C+E+M
9:30-10:00	太極氣功 18 式 Tai Chi Qigong 18 style	207	4	17	C
9:30-10:00	八段錦：健身太極一種 Eight Style Brocade	202	H	20	E+C+M
9:30-10:45	國畫基礎 – Candy Chinese Painting with Candy	230	3	15	C+M
10:00-11:15	手工藝(做賀卡) Craft (card making)	218	D	10	C
10:00-10:30	太極扇 Tai Chi Fan	203	H	20	C+E+M
10:00-11:15	歌唱聲樂訓練：呼吸，運氣，發聲位，音準，共鳴及歌唱技巧 – Lynell Chan Vocal Training and Singing Technique : Lynell Chan	229	2+4	25	E
10:00-11:15	普通話 - Willa : 文法,拼音,會話 Mandarin with Willa	206	1	10	M
10:30-11:30	手飾 Jewellery	215	D	5	C
10:30-11:30	太極班 85 式 Tai Chi 85 Style	213	H	20	M+E+C
11:00-12:15	書法(初班) – Fanny Lam Chinese Calligraphy - Fanny Lam	220	3	15	C+M
11:15-12:30	中西烹飪 International Cooking	227	K	8	C
11:15-12:30	絲襪花 – Julie Stocking Flowers Craft with Julie	214	H	5	C
11:15-12:30	基礎電子琴 – Alice (只收未學過新生) Keyboard A with Alice (For brand new without knowledge)	205	1	10	E+M
11:30-12:30	森巴舞 DanZ (Zumba)	212	H	20	C
11:30-1:00	澳華社區合唱團：(大眾團及精選團) – Alan & Peggy ACCC Choir : (Mass & Chamber Choir) - with Alan & Peggy	217	2+4	25	C+M+E
11:30-12:45	電腦入門 (Win 10, 相片及影片編輯) Computer (Win 10, photos and video editing)	204	D	18	C+E
12:15-1:30	水彩畫 – Fanny Water colour with Fanny Lam	209	3	15	C
12:30-1:30	爵士舞 Jazzercise	226	H	20	E+C+M
12:30-1:45	音樂欣賞 Music Appreciation	223	1	11	C
1:00-2:00	結他初班 – Joseph Guitar (Beg) with Joseph	224	2	9	C+E
1:00-2:45	乒乓球 Table Tennis	208	D	8	All
1:30-2:30	詠春功夫 Wing Chun Kung Fu	221	H	20	C
1:45-3:00	小提琴(初班) – Peggy Violin (Beginners) with Peggy	222	3	10	E+C+M
1:45-3:00	小提琴(中班) – Helen Violin (Intermediate Only) with Helen	210	4	14	E+K
2:00-3:00	結他 (中班) – Joseph Guitar (Int) with Joseph	225	2	9	C+E

黃色螢光 Yellow Highlight - starting date to be advised 開課日期另行通知

Light Red Highlight – New Course 新課程

Language of Teaching - C – Cantonese, E – English, M – Mandarin, K–Korean, A – All

場地 Room: 1 - Memorial Rm 紀念房; 2 - Chapel 舊禮堂; 3 - West Rm, 西房;  
4 - East Rm 東房; H - Main Hall 大堂; D - Drummond Rm 樓下房。

# Eastwood Uniting Church 依士活中心 (3)

星期三 Wednesday

Centre Code: C3

上課日期 Dates: 第一學期 T1 : 3/2—31/3 ; 第二學期 T2 : 21/4—23/6

報名註冊日 : 20/1/2021 星期三

Registration Date : 20/1/2021 Wednesday

Time 時間	Subject 科目	Code 代碼	Venue 場地	Limit 人數	Lang 語言
9:00-9:45	太極 8 式 (初班) Tai Chi 8 Style (Beginners)	307	H	20	C
9:00-9:30	保健關節操 - Daniel Healthy Joint Exercise	309	1	9	A
9:30-10:00	木蘭拳: 結合太極拳, 氣功, 武術及 體操要領 Mulan Quan	302	3	15	C+E+M
9:30-10:45	絲襪花及手工 - Lisa Silk Flowers Craft with Lisa	318	1	6	C
9:30-10:45	基本樂理及視唱練習 Basic Music Theory & Sight Singing	319	2	9	C+E
9:30-10:00	活腦筋運動: 時空, 數值, 邏輯, 分析, 創造和記憶等訓練及遊戲, 循序漸進練習課程 Neurobics, Spatial, Numerical, Analytical & Memory Exercises	301	4	17	C
9:30-11:00	素描繪畫: 粉彩, 炭筆, 鉛筆素描, 進度按個別步伐 Sketch/Drawing	305	D	19	E
9:45-10:15	太極中班 24 式: 必完成 8 式, 限選以下一科 Tai Chi 24 Style : must complete 8 style. Choose 1 class only	308	H	15	C
10:15-10:45	教學: 限 15 人 Learning : Limit 15 練習: 限 15 人 Practice : Limit 15	315	H	15	C
10:00-11:15	普通話: Holly Mandarin with Holly	310	4	17	C + M
10:00-10:45	導引養生功: 健身氣功一種 Daoyin Gong	331	3	15	C+E+M
10:45-12:00	攝影初班: 相機操作, 光圈, 快門, 景深, 構圖 Photography (Beg)	311	3	19	C
10:45-11:15	太極劍: 必完成太極 24 式, 限選以下一科 Tai Chi Sword : must complete 24 style. Choose 1 class only	322	H	15	C
11:15-11:45	練習: 限 15 人 Practice : Limit 15 教學: 限 10 人 Learning : Limit 15	313	H	10	C
11:00-11:30	太極桿 Tai Chi Pole	303	1	10	C+E
11:00-12:45	華人婦女會 Chinese Women's Group	-	D	12	C+E+M
11:30-1:00	獨唱歌唱技巧: 方圓 Solo Singing Technique – Yuen FONG	329	1+2	20	C+M
11:30-12:30	蘇格蘭土風舞: 高運動量 Scottish Dance	314	4	10	E
11:45-1:00	東方舞 – Lily CHEUNG Oriental Dance	316	H	24	M
12:00-1:30	攝影組 (高班): 興趣分享 Photography Club	317	3	19	C
12:30-1:45	結他- Allan Guitar with Allan	330	4	15	C+E
1:00-2:30	油畫: Andy Oil Painting with Andy	321	D	19	C+E
1:00-2:15	社交舞 Social Dance : Ballroom, Foxtrot, Waltz, Rumba, Chacha, Swing, Salsa, Tango & Hip Hop etc	328	H	24	C
1:30-2:45	校園懷舊知音: 重溫 50-80 年代中西民歌及流行曲 Campfire Singalong : reminiscence of 50s to 80s folk & pop tunes with guitar accompaniments	312	3	19	C+E+M
1:45-3:00	基礎電子琴 – Kathleen (只收上學年生) Keyboard	327	1	11	C

**Yellow Highlight 黃色螢光** – starting date to be advised 開課日期另行通知

Language of Teaching - C – Cantonese, E – English, M – Mandarin, K – Korean, A – All  
 場地 Room : 1 - Memorial Rm 紀念房 ; 2 - Chapel 舊禮堂 ; 3 - West Rm, 西房 ; 4 - East Rm 東房 ;  
 H - Main Hall 大堂 ; D - Drummond Rm 樓下房



# Eastwood Uniting Church 依士活中心 (4)

星期四 Thursday

Centre Code: C4

上課日期 Dates :      第一學期 T1 : 4/2 - 1/4 ; 第二學期 T2 : 22/4 - 24/6

**報名註冊日 : 21/1/2021 星期四**

**Registration Date : 21/1/2021 Thursday**

Time 時間	Subject 科目	Code 代碼	Venue 場地	Limit 人數	Lang 語言
9:15-10:30	* 普通話(初班):英語教授,對話,習俗和文化 Mandarin	* 401	H	4	E
9:15-10:30	* 方圓廣場舞:以四對(八人一組) 初學由 T1 開始 Square Dance: <b>Beginners must enrol from beginning of Term 1</b>	* 405	3	8	E
9:15-10:30	* 步行組:不同景點,休假時會外遊遠地 Walking Group	* 406	Meet outside Church		E
9:15-10:30	* 日文(中班):文法,對話,習俗和文化 Japanese(Int)	* 402	1	9	E
9:15-10:30	* 法文自學組:進度按個別步伐 French self study	* 403	H	4	E
9:15-10:30	* 排舞:排一行面對面舞步 Line Dance	* 404	4	17	E
9:30-11:00	* 橋牌 Bridge	* 416	H	8	E
9:30-10:30	* 電子移動技術基礎班 (提供 10 部電腦): 隔合電腦與手提電話的用法、Google 地圖及制作簡單網站 Mobile Technology (10 laptops available)	* 407	D	10 +8	E
9:30-10:45	素描繪畫:粉彩,炭筆,鉛筆素描,進度按個別步伐 Sketch/Drawing	430	H	20	E
10:30-12:00	* 法文初班 French for absolute beginners	* 408	H	12	E
10:45-11:45	* 電腦技能(提供 10 部電腦): 視頻編輯、電腦維護及可攜式軟件 Laptop (advanced) (10 laptops available)	* 409	D	10+8	E
10:45-12:00	* 健康座椅上運動 Gentle Exercise on chair	* 410	1+3	28	E
10:45-12:00	* 麻雀 Mahjong	* 424	H	8	E
10:45-12:00	* 意大利文學習組:文法及會話 Italian	* 412	H	4	E
10:45-12:00	* 蘇格蘭土風舞 Scottish Dance	* 415	4	12	E
11:15-12:30	* 澳洲野史 Aussie Pioneer & Larrikins	* 414	2	9	E
12:00-1:45	油畫 – Margarita (不收初學) Oil Painting with Margarita (no beginners)	432	H	10	E
12:00-1:15	* 太極基礎班 Tai Chi with Dennis	* 418	3	18	E
12:15-1:45	* 哈達瑜伽:自備運動墊 Hatha Yoga	* 419	D	15	E
12:30-1:45	* 拉丁文(中班及以上):文法,拼音及文學 Latin (Int)	* 420	1	6	E
12:30-2:00	* 手工(做賀卡) Card Making	* 421	H	10	E
12:30-2:00	水彩畫:進度按個別步伐 Watercolour	431	H	20	E
1:45-3:00	* 合唱團:合唱西洋民歌及流行曲 Choral Singing	* 425	2+4	26	E
1:45-3:00	乒乓球 Table Tennis	433	D	8	All

**Yellow Highlight 黃色螢光** – starting date to be advised 開課日期另行通知

\* **asterisk** – for those taking **only** these courses are not required to contribute "\$5 tutor's gift" 只選這課程不用交\$5 導師禮物費

Language of Teaching - C – Cantonese, E – English, M – Mandarin, K – Korean, A – All

場地 Room : 1 - Memorial Rm 紀念房; 2 - Chapel 舊禮堂; 3 - West Rm, 西房; 4 - East Rm 東房;

H - Main Hall 大堂; D - Drummond Rm 樓下房

# 羽毛球運動場

## Badminton Sport Centre (NBC Silverwater)

**星期一 Monday**

**Centre Code: C5**

**上課日期 Dates :** 第一學期 T1 : 1/2—29/3 ; 第二學期 T2 : 19/4—21/6

**報名註冊日 : 18/1/2021 星期一**

**Registration Date : 18/1/2021 Monday**

Time 時間	Subject 科目	Code 代碼	Venue 場地	Limit 人數	Lang 語言
10:00-12:00	Badminton Skill Training & 羽毛球技巧訓練及 Badminton Games Practice 羽毛球比賽練習	501	3 courts	24	A

**星期四 Thursday**

**Centre Code: C6**

**上課日期 Dates :** 第一學期 T1 : 4/2—1/4 ; 第二學期 T2 : 22/4—24/6

**報名註冊日 : 21/1/2021 星期四**

**Registration Date : 21/1/2021 Thursday**

Time 時間	Subject 科目	Code 代碼	Venue 場地	Limit 人數	Lang 語言
10:00-12:00	Badminton Skill Training & 羽毛球技巧訓練及 Badminton Games Practice 羽毛球比賽練習	601	3 courts	24	A

