

# **CCA Community Learning** CCA 社區教育中心

Mon-Thurs (星期一至星期四)

Courses offered mainly in Cantonese, Mandarin, or English

(課程以粤、國 或 英 語教學)

Semester 2, 2025 (2025 下學年)

21/7/25-4/12/25

Course Information 課程及報名手續







Fun in Learning

樂趣中互學







[C1]

Eastwood Centre 依士活中心 [C2, C3 &C4]

Badminton Centre 運動中心 [B4]

West Ryde Centre 西萊德中心 Ryde Uniting Church, 7 Maxim St, West Ryde 逢星期一, (Mon)

> Eastwood Uniting Church, 16 Lakeside Rd, Eastwood 逢星期二,三及四(Tue, Wed & Thurs)

NBC, 2b/172 Silverwater Rd, Silverwater 逢星期四 (Thurs)

P 電: 0426 706 304 (text or leave message please 請留短訊或留言) 98583222 (Monday to Thursday 星期一至四)

E 郵: community.learning@ccas.org.au

w 網: www.ccas.org.au/community-learning (check up-to date program

online)

## **Registration Procedures**

| Pogistration           | Ear Samactor 2, 2025  |  |  |  |  |  |  |  |
|------------------------|---|--|--|--|--|--|--|--|
| Registration Date Rule | For Semester 2, 2025 -  |  |  |  |  |  |  |  |
| and Venue              | The Dates to enrol your chosen courses:   |  |  |  |  |  |  |  |
| and venue              | 8 July 2025 Tuesday 9:30 a.m. – 12:30 p.m. – Eastwood Uniting Church 9 July 2025 Wednesday 9:30 a.m. – 12:30 p.m. – Eastwood Uniting Church |  |  |  |  |  |  |  |
|                        | , ,   |  |  |  |  |  |  |  |
|                        | * We follow a first-come-first-serve policy.  |  |  |  |  |  |  |  |
|                        | * Enrolment will remain open during the first week of centre commencement. We will not charge the   |  |  |  |  |  |  |  |
|                        | additional \$5 late fee during this period, provided there are still vacancies in the subject. After the first                              |  |  |  |  |  |  |  |
| 0                      | week, standard enrolment procedures and fees will apply.  |  |  |  |  |  |  |  |
| Courses                | 21/7/2025—4/12/2025   |  |  |  |  |  |  |  |
| Dates                  | Holidays: 27/9/25 – 12/10/25 (school holidays)  |  |  |  |  |  |  |  |
| Registration           | Please read the following important information before you enrol:   |  |  |  |  |  |  |  |
|                        | 1. Please register In Person Only (note: no telephone or email registration).   |  |  |  |  |  |  |  |
|                        | 2. All <b>fees</b> are paid on a <b>semester basis</b> . There is no pro-rata arrangement. Generally, no refund will be                     |  |  |  |  |  |  |  |
|                        | considered except for a genuine medical reason.   |  |  |  |  |  |  |  |
|                        | 3. Please <b>choose</b> your <b>courses carefully</b> to ensure that there is no clash of times with your enrolled                          |  |  |  |  |  |  |  |
|                        | subjects. A clash of time with any 2 of the chosen courses may result in automatic cancellation of either                                   |  |  |  |  |  |  |  |
|                        | one of your clashed courses without further notice.   |  |  |  |  |  |  |  |
|                        | 4. To change your subject choice after registration, you are required to complete and lodge an <b>Amendment</b>                             |  |  |  |  |  |  |  |
|                        | Form (Form C) with the coordinator with a \$5 non-refundable Amendment Fee. You will be advised of  |  |  |  |  |  |  |  |
|                        | the outcome of the application. Please do not amend (add or delete names) the course rolls yourself.  |  |  |  |  |  |  |  |
|                        | We do not accept verbal, phone, SMS or e-mail amendment notification. All amendments will be  |  |  |  |  |  |  |  |
|                        | considered upon receipt of your Amendment Form C.   |  |  |  |  |  |  |  |
|                        | Registration Procedures:  |  |  |  |  |  |  |  |
|                        | 1. Complete the Enrolment Forms A & B before you come to enrol in person on the above designated  |  |  |  |  |  |  |  |
|                        | registration days. Enrolment Forms can be obtained from CCA or downloaded from the CCA website  |  |  |  |  |  |  |  |
|                        | www.ccas.org.au/community-learning.   |  |  |  |  |  |  |  |
|                        | 2. If you are not able to enrol in person, please arrange another person to enrol for you on the above                                      |  |  |  |  |  |  |  |
|                        | registration days. A total of 3 enrolment forms can be lodged by one person at the same time provided                                       |  |  |  |  |  |  |  |
|                        | that all enrolment forms comply with the <b>Registration Date Rule</b> above.   |  |  |  |  |  |  |  |
|                        | Our enrolment is on a "first come first serve" basis for single or multiple days.   |  |  |  |  |  |  |  |
|                        | 4. On the registration day, please present your enrolment form(s) and ask for "service ticket(s)" when                                      |  |  |  |  |  |  |  |
|                        | you arrive (one ticket per enrolment form) and wait for your turn to be directed to the correct counter                                     |  |  |  |  |  |  |  |
|                        | for enrolment.  |  |  |  |  |  |  |  |
|                        | 5. Payment methods: cash, credit card or cheque (to CCA NSW)  |  |  |  |  |  |  |  |
|                        | 6. Return Form A to Centre and Keep Form B as your receipt after payment.   |  |  |  |  |  |  |  |
|                        | 7. Pay \$5 for "Tutors' Thankyou Gift" and collect your ID Card. Those who choose only courses with subject                                 |  |  |  |  |  |  |  |
|                        | codes starting with E will be exempted from this payment.   |  |  |  |  |  |  |  |
|                        | Payment is subject to changes as per CCA Management.  |  |  |  |  |  |  |  |
|                        | Bronze Membership: \$240 for 1 day of attendance up to 4 subjects; Silver Membership: \$340 for   |  |  |  |  |  |  |  |
|                        | up to 3 days with 10 subjects; Gold Membership: \$420 for unlimited subjects across over 4 days   |  |  |  |  |  |  |  |
|                        | • For tutors playing badminton: \$25.   |  |  |  |  |  |  |  |
|                        | An additional \$5 late fee is payable with any application lodged after the last registration date (not                                     |  |  |  |  |  |  |  |
|                        | applicable to new members)  |  |  |  |  |  |  |  |
|                        | <ul> <li>\$5 non-refundable amendment fee is payable to change subjects after completion of registration (per</li> </ul>                    |  |  |  |  |  |  |  |
|                        | form each time).  |  |  |  |  |  |  |  |
|                        | <ul> <li>An additional \$10 special administration fee is payable for enrolment in the second school term of the</li> </ul>                 |  |  |  |  |  |  |  |
|                        | semester (per form each time).  |  |  |  |  |  |  |  |
|                        | ,   |  |  |  |  |  |  |  |
|                        | Conditions for discounts: 1) semester-based enrolment only, 2) only one type of discount is   |  |  |  |  |  |  |  |
|                        | applicable, and 3) both applications must be lodged at the same time:   |  |  |  |  |  |  |  |
|                        | a) Tutors' Partner Discount: 50% of full fee  |  |  |  |  |  |  |  |
|                        | <b>b)</b> Partner's Discount: \$10 to both applicants   |  |  |  |  |  |  |  |
|                        | c) New Referral Discount: \$10 to the referrer, one-off discount (please invite a friend to join)   |  |  |  |  |  |  |  |

# Please continue to read "Important Information for Participants" on Page 4

### 註冊手續

註冊日期

2025 上學年 - 註冊日期:

規則 及地點 8/7/2025 (星期二) - 9:30 a.m. - 12:30 p.m. - Eastwood Uniting Church 9/7/2025 (星期三) - 9:30 a.m. - 12:30 p.m. - Eastwood Uniting Church

- \* 我們採用先到先得方法。
- \*中心開課的第一週將持續開放報名。在此期間,若該科目仍有空位,我們將不會收取額外的 \$5 逾期報名費用。第一週過後,我們將採取標準的報名程序和收費。

上課日期

21/7/2025-4/12/2025

假期: 27/9/2025 – 12/10/2025 (學校假期)

#### 註冊方法

報名前,請先閱讀以下重要資訊及下一頁的須知事項/重要聲明:

- 1. 請親臨報名。絕不接受電話或電子郵遞報名。
- 2. 所有收費均以每學年計,不設部份學年收費。通常報名後無退款。
- 3. 請小心選擇科目·確定所選活動時間不衝撞或重疊。否則本中心會有權自行取消你其中一項的活動。
- 4. 註冊後·如想更改已選科目·必須每一次更改前填交「更改表格 C」給主持人及繳付\$5 不可 退還的更改費·主持人會通知你更改結果·請勿自行更改導師的「點名紙」。不設口頭、電 話口訊、電話訊息 或電郵通知更改資料·所有更改均以收到更改表格作實。

#### 註冊程序:

- 1. 在指定的註冊日親臨註冊前,請填妥報名表格 A 和 B。表格可到中心索取,或 從 CCA 網站 www.ccas.org.au/community-learning 下載。
- 2. 如果你未能抽空辦理報名事宜·可委托他人代辦·每人可同時遞交三份報名表格·但所有報名表格必須遵守以上計冊日期規則。
- 3. 我們採用先到先得方法,請你於指定註冊日期報名·如你選報多過一天的科目,你可在註冊日 其中一天來報名,我們可為你同時辦理其他日期的選報科目。
- 4. 到中心時請出示報名表格並索取「籌碼」(一份表格一個籌碼)·等待指示到適當櫃檯報名。
- 5. 付款方式:現金、信用卡或支票(支票台頭 CCA NSW)
- 6. 將表格 A 交回中心並保留表格 B 作為收據
- 7. 會員收取會員証前·請交「\$5 導師禮物費」以集資作為年終答謝導師禮物·只報選代碼「E」的科目不須支付這費。
- 8. 此等收費將不時作出調整,學費會由 CCA 管理層作最後決定。

#### 收費

- 每學年計: 銅牌會員: \$240(上課一天,報名最多4個科目); 銀牌會員: \$340(報名最多3天,10個科目); 金牌會員: \$420(不限科目,可報4天)
- 導師選報羽毛球活動: \$25
- ◆ 凡在最後的註冊日以後辦理註冊課程的,均要繳付額外 \$5 逾期報名費 (新會員除外)。
- 凡在註冊後要更改科目,必須連同「更改表格 C」及交 \$5 (不歸還的) 更改費。
- 凡在學期下半時段報名,均需繳付額外 \$10 手續費。
- 優惠條件: (1) 只以整個學年計, (2) 只限選以下一種折扣及 (3) 雙方表格必須一齊遞交

a) 導師伴侶 : 半費

b) 夫婦優惠 : 夫婦各減收\$10

c) 介紹新學員優惠 :介紹人減收\$10 祇適用於一次優惠(請邀請親友參加)

# 請繼續閱讀第四頁的「會員須知重要事項」

### **Important Information for Participants**

# Participants'

information:

**Disclaimer** 

Please ensure that you are medically fit to participate in your chosen activities at our Centre. CCA's coordinator and volunteer tutors will not be responsible for any injury or adverse health conditions that could be attributed to your chosen activities. If unsure, please consult your medical practitioner before registration accordingly.

- 1. Please read up-to-date information and announcements on Centre's internal communication or from website <a href="www.ccas.org.au/community-learning.">www.ccas.org.au/community-learning.</a>
- 2. New CID card and number will be issued every semester. All members must present a current ID card to attend our centre activities and the ID card cannot be shared.
- 3. Fees do not include material and photocopying costs.
- 4. Vacancies are available on a "first come first serve basis". Class size: Minimum 4. Please note that <u>failure to comply with the following may result in suspension</u> of your enrolment:
- 5. Attendance: Participants are only allowed to attend courses in which they are currently enrolled. Prolonged absence of **four weeks** without notifying the tutor/coordinator may result in cancellation of your placement in the class.
- 6. Parking Restriction: Parking at the Centre is reserved for tutors during their teaching time only. Tutors must display up-to-date parking permits on the dashboard of their cars. For participants, please DO NOT park at the Centre without permission.
- 7. Painting class members: Please bring your own painting equipment, cleaning wipes/paper, and waterproof drop sheets to protect the painting surface. Please do not use venue's handwipes, or the kitchen sink to clean your brushes or drain off dirty water. Non-water-based paints must not be drained off the wash basins or toilets.
- 8. Cooking class members: Please keep all food handling safety rules, wash, and dry all used utensils and return them to their original place.
- 9. **All participants**: Please assist tutors to set up, clean up classrooms and return all tables, chairs and used items to their original place. In some courses, students are required to purchase textbooks and other course materials.

### 會員須知重要事項

#### 重要聲明

請確保您的身體健康狀況適合參加本中心的任何活動課程,本中心負責人及所有義工 導師/助教不會對任何損傷及因活動可能產生的健康情況負責。如有需要,報名前請自 行諮詢醫生的意見。

#### 需知事項

- 1. 每學年發新會員証及號碼。會員上課必須攜帶本學年有效的會員証,會員証不可分用或借用。
- 2. 所繳費用不包括材料及影印費等。
- 3. 學額有限,先到先得,每班不足4人,不會開班。
- 4. 請會員自行查閱社區會訊或網站 www.ccas.org.au/community-learning 的通告。

請註意如下:如會員違反以下規則及屢勸無效,導師及中心有權取消你的會員資格-

- 5. **科目參與**: 會員只可參加已接受報名的科目。缺席<mark>四星期</mark>而不通知導師或中心負責人,中心有權取消你缺席的科目。
- 6. 中心車位限制:中心車位只供當日導師上課時間用·導師必須展示泊車証。會員請勿未經許可 泊用中心車位。
- 7. **繪畫班會員**:請自備紙巾,墊檯布及繪畫用品。**請勿使用場地的抹手紙或用廚房鋅盤作洗滌或** 去污水用途。任何非水熔的顏料不可倒入洗手盆或廁所內。
- 8. 烹飪班: 請遵守食品處理安全規則,將所有用過的器皿及爐社洗乾淨,並放回原處。
- 9. 上課會員:上課前後,請會員協助導師清理課室。會員必須各自將所有檯椅放回原處。有些課程,會員需遵照老師要求,購買指定課本。

## Monday 星期一

### C1 - West Ryde 西萊德

### Semester Dates 上課日期: 21/7/25—1/12/25

(假期: 29/9/25 - 10/10/25 (school holidays)

#### **DRAFT**

| Time 時間      | Subject 科目   | Code             | Venue           | Сар             | Lang  |
|--------------|--|------------------|-----------------|-----------------|-------|
|              |  | 代碼               | 場地              | 人數              | 語言    |
| 9:00 - 10:25 | Piano Keyboard - BYO instrument.                               | 121              | LH              | 12              | E     |
|              | 基礎電子琴-自備學器   |                  |                 |                 |       |
| 9:10 - 10:28 | Chinese Painting - W Z Li 國畫 <mark>(不收新生)</mark>               | 113              | UR              | 8               | С     |
| 9:10 - 10:15 | Mixed Media Art 繪畫: 水彩及各類材 (to be confirmed)                   | 120              | Lobby           | 8               | E     |
| 10:30 -12:00 | Guitar for all   | 125              | UR              | 6               | C+E   |
| 9:30 - 12:10 | Bread, Cakes & Desserts with June (Compulsory face mask & food | 111              | K               | 14              | C+E   |
|              | handling gloves) 糕點、麵麭及甜品 (必須戴口罩及手套)                           |                  |                 |                 |       |
| 10:25 -11:55 | Singing for Pleasure 唱歌樂                                       | 116              | LH              | 40              | E     |
| 9:00 - 10:15 | Table tennis (no tutor)  | E101             | UH              | 8               | Α     |
| 10:20-11:45  | Floral Design (Foundation) 花艺设计                                | <mark>129</mark> | <mark>UR</mark> | <mark>10</mark> | C+M+E |
| 11:50 – 1pm  | Line Dance (For beginners only)                                | 115              | UH              | 24              | C + E |
| 12:00-1:15   | Ukulele 四弦琴 (no tutor)   | 126              | MR              | 10              | E     |
| 12:00-1:15   | Tai Chi 24 (Beginners & Intermediate) 太極 24 式                  | 118              | LH              | 20              | C + E |
| 12:15 - 3:00 | International Cooking with Gretha 國際美食                         | 122              | K               | 12              | E     |
| 1:05 - 2:30  | Chinese opera (粤曲基本功加舞步)                                       | 128              | UH              | 16              | С     |
| 1:15 - 2:45  | Watercolour (Beginners only) with Bronwyn 水彩畫(初班)              | 117              | LH              | 28              | E     |

#### Explanation Key 說明鍵:

Yellow Higlight 黃色營光 – New Changes 新改變

Language of Teaching 教學語言: C – Cantonese 粤; E – English 英; M – Mandarin 國.

K - Korean 韓, ; A - All 全部

Venue 場地: UH - Upper Hall 上面大堂; LH - Lower Hall 下面大堂; UR - Upper Floor Room 樓上房.

MR - Middle Floor Rm/Hangar 中層房.

K - Kitchen 厨房; L - Lobby 大廳; CH - Chapel 教堂

### 星期二 Tuesday C2 - 依士活 Eastwood

上課日期 Semester Dates: 22/7/25—2/12/25 (學校假期 School Holidays: 27/9--12/10)

| 上課日期 Semester Dates: 22/7/25—2/12/25 (學校假期 School Holidays: 27/912/10) |   |            |             |           |            |  |
|--|---|------------|-------------|-----------|------------|--|
| Time 時間  | Subject 科目  | Code<br>代碼 | Venue<br>場地 | Cap<br>人數 | Lang<br>語言 |  |
| 9:00-9:30  | 保健操 Gentle Exercises with Sandra  | 232        | 4           | 20        | С          |  |
| 9:00-9:30  | 八段錦:健身氣功 Eight Style Brocade with Victor  | 225        | Н           | 30        | C+E+M      |  |
| 9:00-10:00   | 結他入門 – Joseph <mark>(不收新生)</mark> Guitar (Beginners) with Joseph  | 212        | 1           | 15        | C+E        |  |
| 9:00-10:00   | 電子琴初班 Keyboard (Beginners) with Teresa Sham   | 237        | 2           | 10        | C+E        |  |
| 9:30-10:45   | 繪畫基礎知識(適合初學者-每月第二、第四和第五個星期二)  | 239        | D/4         | 20        | С          |  |
|  | Basic knowledge of drawing (absolute Beginners) with Andy 2 <sup>nd</sup> , 4 <sup>th</sup> & 5 <sup>th</sup> Tuesday |            |             |           |            |  |
| 9:30-10:45   | 中國書法及國畫 <mark>(下半個學期開始)</mark> with Candy   | 230        | D           | 20        | С          |  |
|  | Chinese Calligraphy & Painting (commences in 2 <sup>nd</sup> half of semester)  |            |             |           |            |  |
| 9:30-10:00   | 木蘭拳:健身氣功  | 226        | Н           | 30        | C+E+M      |  |
|  | Mulan Quan: Meridian Exercise Qi Gong with John   |            |             |           |            |  |
| 9:30-10:45   | 做賀卡手工藝 Card making with Val   | 214        | 3           | 8         | E          |  |
| 9:30-10:45   | 中式笛子班 Chinese Flute with 馮老師  | 234        | ER          | 8         | С          |  |
| 9:45-11:00   | 手飾 Jewellery  | 215        | 4/3         | 8         | С          |  |
| 10:00-11:00  | 太極 85式   Tai Chi 85 with Judy Chen  | 229        | Н           | 24        | С          |  |
| 10:00-11:00  | 結他組 (齊齊唱民歌) — Joseph Singalong with Guitar  | 213        | 1           | 25        | C+E        |  |
| 10:00-11:00  | 電子琴初/中班<br>Keyboard (Beginners/Intermediate) with Sarah   | 216        | 2           | 10        | M+E        |  |
| 10:45-12:00  | 二胡 -自備樂器 (中班) 不收新生  | 220        | ER          | 10        | С          |  |
|  | Erhu with Stephen Yeung (Intermediate) – no new students  |            |             |           |            |  |
| 10:45-12:00  | 粤曲舞蹈班 (初班) Chinese Opera - Helen  | 219        | D           | 16        | С          |  |
| 10:45 – 11:45  | 小提琴(初班) Violin (Absolute Beginners) with Peggy  | 238        | 3           | 8         | C+E+M      |  |
| 11:00-12:00  | 東方舞 Oriental Dance with Lily  | 221        | Н           | 30        | C+M        |  |
| 11:00-12:15  | CCA 合唱團 - CCA Choir with Suzanne & Dawn   | 217        | 2           | 30        | E          |  |
| 11:15–12:30  | 華人婦女會 Chinese Women's Group   |            | 1           | 18        | С          |  |
| 11:15-12:30  | 印度手工藝及繪畫班 Indian Arts with Minal  | 233        | 4           | 15        | E          |  |
| 11:45-12:45  | 攝影研討班 Photography Workshop with Joseph Tam  | 240        | 3           | 20        | C+E+M      |  |
| 12:00-1:00   | 爵士舞 Jazzercise  | 222        | Н           | 30        | C+E+M      |  |
| 12:00-1:15   | 二胡 -自備樂器,(基礎班) 不收新生   | 231        | ER          | 10        | С          |  |
|  | Erhu with John Law (Beginners) – no new students  |            |             |           |            |  |
| 12:15 – 1:30   | 敲擊節奏體驗班 Drum with Billy (Alternate Tuesdays) 隔一週二   | 223        | 2           | 10        | С          |  |
| 12:15 – 1:30   | ロ琴初班 Harmonica for Beginners with Billy<br>(Alternate Tuesdays) 隔一週二  | 224        | 2           | 12        | С          |  |
| 12:30-1:45   | 電腦 – Joseph (提供10部電腦,可自攜Win 10 手提電腦)<br>Computer with Joseph Chan (10 laptops available)                              | 227        | D           | 12        | C+E        |  |
| 1:30 – 2:45  | Korean Language (Beginners) with Lily<br>韓文(初班): 文法、對話、習俗和文化  | 218        | 2           | 12        | K+E        |  |
| 1:30-3:00  | 攝影班 : 相機操作, 光圏, 快門, 景深及構圖<br>Photography with Thomas & Geoff  | 236        | 1           | 25        | С          |  |
| 1:15-2:00  | 小提琴(初班) – Violin (Elementary) with Peggy (AMEB Grade <mark>2</mark> )   | 235        | Н           | 8         | C+E+M      |  |
| 2:00-3:00  | 小提琴(中班) – Violin (Intermediate)with Peggy (AMEB Grade2&3)   | 210        | H           | 5         |            |  |
| 1:30-2:45  | 小提琴(只收高班程度) – Helen   | 211        | 4           | 14        | E+K        |  |
| 2:00-3:00  | Violin (Advanced Level Only) with Helen   | E202       | D           | 12        | Α          |  |
|  | Table Tennis 乒乓球  | LZUZ       |             | 14        |            |  |

請參閱第 8 頁的說明鍵 Please see P. 8 for Explanatory Key

黃色營光 Yellow Highlight: 新改變 New Changes

# 星期三 Wednesday

# C3 - 依士活 Eastwood

上課日期 Semester Dates: 23/7/25-3/12/25

(假期: 29/9/25 - 10/10/25 (school holidays)

| Time 時間                 | Subject 科目  | Code<br>代碼 | Venue<br>場地    | Cap<br>人數 | Lang<br>語言 |
|-------------------------|---|------------|----------------|-----------|------------|
| 9:00 - 9:45             | 導引养生功 Daoying Gong  | 328        | Н              | 30        | C+E+M      |
| 9:00 – 9:45             | Ukulele 2 ( <mark>初班 <b>2</b>) 四弦琴初班 2 自備樂器 BYO Ukulele</mark>                                    | 336        | Е              | 10        | C+E        |
|                         | 不收新生 - 适合已完成初班 1。共 13 堂至 10 月 15 号. Finished 15 Oct   |            |                |           |            |
| 9:00 – 10:00            | 歌唱技巧班 Singing Techniques  | 318        | 2              | 20        | C+M        |
| 9:00-10:00              | 訓練敏捷、平衡、協調及肌肉能力體操   | 326        | 3+4            | 20        | C+E        |
|                         | Agility, Balance, Coordination, Strength (ABCS) Exercise  |            |                |           |            |
| 9:15 - 10:50            | 素描繪畫: 粉彩, 炭筆, 鉛筆素描, 進度按個別步伐 Sketch/Drawing  | 331        | D              | 30        | E          |
| 9:15 - 10:15            | 結他 Guitar   | 324        | 1              | 12        | C+E        |
| 9:45 - 11:00            | 普通話 Mandarin  | 332        | Е              | 20        | C+M        |
| 9:45 - 10:30            | 18 式太极养生鞭桿 (需具太極基礎)   | 329        | Н              | 10        | C+E+M      |
|                         | Tai Chi Pole 18 forms (need Tai Chi foundation)   |            |                |           |            |
| 10:00-11:10             | Fundamentals of reading music scores, music theory & sight singing                                |            |                | 4.0       | C.F        |
|                         | practice (for beginners only) 閱讀音樂譜須知樂理及視唱練習  | 321        | 2              | 18        | C+E        |
| 10:15 -11:15            | 活腦筋運動:時空,數值,邏輯,分析,創造和記憶等訓練及遊戲練習,  | 327        | 1              | 20        | C+E        |
|                         | Neurobics: Spatial, Numerical, Analytical & Memory Games.   |            |                |           |            |
| 10:00 - 11:15           | 絲花 Silk Flowers craft   | 313        | LB             | 8         | С          |
| 10:00 - 11:13           | Scottish Dance 蘇格蘭土風舞 (no new students except for those who have learned)                         | 314        | 3+4            | 20        | E          |
| 10:30 - 11:15           | 太極扇 42 式 Tai Chi Fan 42 form (good tai chi foundation is required)                                | 330        | Н              | 20        | C+E+M      |
| 11:00 - 1:00            | The Gig Time 又彈又唱   | 323        | D              | 20        | C+E        |
| 11:15 - 12pm            | 太極 8 式: Tai Chi 8 Style   | 310        | 3+4            | 20        | С          |
| 11:15 - 12:45           | Social dance 社交舞: Intermediate 中班   | 334        | Н              | 24        | C+E        |
| <del>11:15 –12:30</del> | Karaoke   | 335        | 1              | 12        | C+E        |
| 12:00 - 12:45           | 太極 24 式: 必完成 8 式  | 311        | 3+4            | 20        | С          |
|                         | Tai Chi 24 Style: must complete 8 style - Limit 24  |            |                |           |            |
| 12:45 - 1:30            | 太極劍 Tai Chi Sword (must complete 24 style - Limit 12)   | 312        | Н              | 12        | С          |
| 12:30 - 1:30            | 四弦琴彈唱: 自備樂器 Ukulele: BYO Ukulele (Ukulele Singalong 适<br>合已完成初班或以上。) 共 13 堂至十月十五号 Finished 15 Oct | 325        | <mark>1</mark> | 15        | C+E        |
| 1:15 - 2:45             | 油畫 Oil Paintin  | 322        | D              | 25        | C+E        |
| 1:30 - 2:45             | Line Dance 排舞   | 316        | Н              | 30        | C+E        |

請參閱第 8 頁的說明鍵 Please see P. 8 for Explanatory Key

黃色營光 Yellow Highlight: 新改變 New Changes

### Thursday 星期四 C4 – Eastwood 依士活

### Semester Dates 上課日期: 24/7/25-4/12/25 (School Holiday 學校假期: 27/9---12/10)

| Time 時間     | Subject 科目   | Code<br>代碼 | Venue<br>場地 | Cap<br>人數       | Lang<br>語言 |
|-------------|--|------------|-------------|-----------------|------------|
| 9:15-10:30  | Line Dance 排舞  | 410        | 4           | 20              | E          |
| 9:15-10:30  | Square Dance 方圓舞: 以四對(八人一組) *New students need to start at beginning of semester.  | 411        | 3           | 16              | E          |
| 9:15-10:30  | Mandarin (Beginners & Intermediate) 普通話(初、中班): 英語教授,<br>對話, 習俗和文化  | 422        | 2           | 10              | C+E+<br>M  |
| 9:15-10:30  | Walking Group 步行組: 不同景點, 休假時會外遊遠地  | E404       |             | outside<br>urch | E          |
| 9:15-10:30  | Japanese (Intermediate) with Denice (No new students)<br>日文(中班): 文法、對話、習俗和文化 (不收新生)                                      | 417        | 1           | 12              | E          |
| 9:15-10:45  | Sketch/Drawing 素描繪畫: 粉彩, 炭筆, 鉛筆素描, 進度按個別步伐   | 420        | Н           | 30              | E          |
| 9:30-10:45  | Violin (Beginners) with Sue 小提琴初班  | 423        | ER          | 12              | C+E+<br>M  |
| 9:45-10:45  | Danz Z exercises with Khoo 跳舞運動操   | 429        | D           | 20              | E          |
| 10:30-11:45 | PopSing Class with Cris & Billy 流行曲演譯班   | 433        | D           | 15              | C+E+<br>M  |
| 10:30-11:30 | Italian practice with Cyril 意大利文學習組: 文法及會話   | 414        | 5           | 5               | E          |
| 10:30-11:45 | French (Intermediate) with Denice (No new students)<br>法文(中班) - 不收新生   | 418        | 2           | 12              | E          |
| 10:45-12:00 | Scottish Dance 蘇格蘭土風舞 *New students need to start at beginning of year.  | 412        | 3+4         | 24              | E          |
| 10:45-12:00 | Mixed media - Liquid pencil (prerequisite : sketch skills) - Alternate<br>Thursday with Andy 混合繪畫 - 液體鉛筆 , 需有素描技巧 - 隔一週四 | 427        | 1           | 16              | C+E        |
| 10:45-12:00 | Chinese Calligraphy with Aihua 老師 中國書法 - 隔一週四  | 413        | 1           | 16              | М          |
| 11:00-12:15 | Gentle Exercises on chair with Judy 座椅上健康運動  | 419        | Н           | 50              | E          |
| 12:00-1:15  | Musical Ensemble Group (Classical Music) with Shuwen<br>弦樂合奏 (古典音樂)  | 430        | 1           | 18              | C+E+<br>M  |
| 12:00-1:00  | Tai Chi with Dennis 太極基礎班  | 425        | 3+4         | 35              | E          |
| 12:00-1:15  | Wing Chun with Ricky   詠春班   | 424        | D           | 20              | С          |
| 12:15-2:45  | Bridge/Board Game/Mahjong (no teaching) 橋牌/遊戲/麻雀   | E403       | Н           | 14              | Α          |
| 12:30-2:00  | Card Making Group 手工/賀卡組   | 426        | Н           | 10              | E          |
| 1:15-2:45   | Watercolour (not for beginners) 水彩畫 (只收有水彩畫基礎學生)   | 421        | Н           | 35              | E          |
| 1:15-3:00   | Instrumental Ensemble with Billy 樂器組合  | 428        | 1           | 15              | C+E+<br>M  |
| 1:15- 2:15  | Violin (Absolute Beginners) with Peggy 小提琴初班   | 416        | ER          | 8               | C+E+<br>M  |
| 1:30-2:30   | Social Dance (Beginners) with Chun & Catherine (No new students)<br>社交舞初班 - <mark>不收新生</mark>                            | 431        | 3+4         | 20              | C + E      |
| 1:30-2:55   | Table Tennis 乒乓球   | E401       | D           | 16              | Α          |
| 1:45-3:00   | Choral Singing with Cyril 合唱團:合唱西洋民歌及流行歌   | 415        | 2           | 20              | E          |

Explanation Key 說明鍵: 黃色營光 Yellow Highlight: 新改變 New Changes

教學語言 Language of Teaching: C - 粵語 Cantonese; E - 英語 English; M - 國 Mandarin; K-韓語 Korean; A - 全部 場地 Venue: 1 - Memorial Rm紀念房; 2 - Chapel舊禮堂; 3 - West Rm 西房; 4 - East Rm 東房; 5 - outside kitchen in Main Hall 大堂廚房出面 H - Main Hall大堂; D - Drummond Rm 樓下房; LB- Lobby; K- Kitchen; ER - Echo Room 大堂後台房間

# 星期四 Thursday

### B4 - 羽毛球運動場

### **B4** - Badminton Sport Centre (NBC Silverwater)

上課日期 Semester Dates : 24/7/25—4/12/25 (假期 Holiday: 27/9---12/10)

| Time 時間     | Subject 科目   | Code<br>代碼 | Venue<br>場地 | Cap<br>人數 | Lang<br>語言 |
|-------------|--|------------|-------------|-----------|------------|
| 10:00-12:00 | Badminton Skill Training & Games Practice 羽毛球技巧訓練及比賽練習 | 601        | 3 courts    | 24        | Α          |





Badminton skill training with tutors (羽毛球技巧訓練)





Badminton Fun Day (羽毛球同樂日)

### 中心報名日期 (Registration Dates)

2025年7月8日(星期二) 8 July 2025 (Tuesday) at Eastwood Uniting Church 2025年7月9日(星期三) 9 July 2025 (Wednesday) at Eastwood Uniting Church

Time for registration from 9:30 a.m. – 12:30 p.m. (報名時間)

- \*\* We follow a first-come-first serve basis on registration. (報名採用先到先得方法)
- \*\* Enrolment will remain open during the first week of centre commencement. We will not charge the additional \$5 late fee during this period, provided there are still vacancies in the subject. After the first week, standard enrolment procedures and fees will apply. (中心開課的第一週將持續開放報名。在此期間,若該科目仍有空位,我們將不會收取額外的 \$5 逾期報名費用。第一週過後,我們將採取標準的報名程序和收費。)

#### 今學期新課程 (New Courses in this semester)

星期一花藝設計班 (10:20 – 11:45 a.m.) Monday Floral Design (Foundation Class) with Angel Chiu

星期二繪畫基礎知識 (適合初學者) (9:30 – 10:45 a.m.) Tuesday Basic knowledge of Drawing (Absolute Beginners)

- 每月第二、第四及第五個星期二 with Andy Lee (2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Tuesday)

星期二小提琴 (初班) (10:45 – 11:45 a.m.) Tuesday Violin (Absolute Beginners) with Peggy Chan

星期二印度手工藝及繪畫班 (11:15 a.m. – 12:30 p.m.) Tuesday Indian Arts Class with Minal Jain

星期二攝影研討班 (11:45 a.m. – 12:45 p.m.) Tuesday Photography Workshop with Joseph Tam

星期二口琴初班 (隔一週二) (12:15 – 1:30 p.m.) Alternate Tuesday Harmonica (Beginners) with Billy Wong

星期三之四弦琴彈唱 (12:30 – 1:30 p.m.) Ukulele Singalong

星期四小提琴 (初班) (9:30 – 10:45 a.m.) Thursday Violin (Beginners) with Sue Chen

## Join Us for the CCA 60th Anniversary "Harmony for Hope" Fundraising Concert

Date: 15 July 2025 (Tuesday)

Time: 1 - 4:30 p.m.

**Location:** Eastwood Uniting Church

- Enjoy an inspiring afternoon of live performances by our talented students and tutors in Community Learning
- 🛡 Browse and buy beautiful, handmade jewellery for sale
- Indulge in **FREE** afternoon refreshments
- Tickets just \$10 bring your friends, family and neighbours

Let's come together to support our vibrant community, celebrate our past and help shape an exciting future. All proceeds go towards supporting CCA NSW's community programs and projects.

- **您** 享受一個輕鬆愉快的下午,由我們才華洋溢的社區中心學生與導師帶來精彩表演
- ♥ 選購精美手工珠寶,為活動增添色彩
- ② 免費下午茶點招待,歡迎品嚐
- ▶ 門票 \$10 歡迎邀請親友參加

讓我們同心支持這個充滿活力的社區,慶祝過去的成就,共同邁向更美好的未來。所有收益將全數用於支持 CCA NSW 的社區項目與計劃。

#### Don't Miss These Free Community Events (免費社區活動)

1. "Being Blue is Not a Normal Part of Aging" Seminar "情緒低落並非正常的老化現象" 講座 29 September (Monday) | 10 a.m.- 12 noon (Eastwood Uniting Church)
Join this informative seminar to better understand mental health and aging — an insightful session for all who care about wellbeing in later life.

#### 2. Cooking Demonstration with Mrs Cecilia Lau (亞洲美食烹飪示範)

23 October (Thursday) | 3–4 p.m. (Eastwood Uniting Church)
Discover the joy of cooking with Mrs Cecilia Lau's delicious and practical recipes in this fun and interactive demonstration.

Both sessions are free – come, learn and connect!







#### Celebrating Lunar New Year with Art and Community Spirit (慶祝農曆新年並展現藝術及社區精神)

Our talented Tuesday Chinese Calligraphy students generously donated their time on 10 February to create beautiful Fai Chun at Ryde Hospital. (星期二之國畫及書法班學生在2月10日慷慨捐出她們的時間,於 Ryde 醫院揮筆書寫傳統的揮春。這是由 CCA 及 Ryde 醫院合作舉辦的活動之一,學生們將她們的藝術創作分享給醫院的員工和訪客,為大家帶來歡樂與吉祥,共同慶祝農曆新年的到來。)





A Night of Lunar New Year Elegance with Helen Lai (Helen 導師於農曆新年之精湛演出)

Our talented Chinese Opera tutor, Helen Lai, was invited to perform a stunning operatic piece with the Hong Kong String Orchestra on 2 February at the Sydney Opera House Concert Hall in celebration of the Lunar New Year. (我們才華橫溢的粵曲導師 Helen Lai,於 2月 2日應邀在悉尼歌劇院音樂廳與香港弦樂團一同演出,演唱了一首壯麗的戲曲作品,為農曆新年慶祝活動增添光彩。我們非常幸運能夠邀請到Helen 老師到社區中心教學,她現在開設了每週二的新課程,與我們的學員分享她的專業知識。)